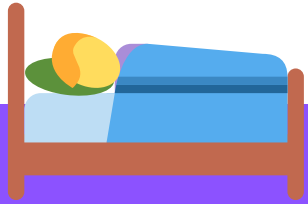


# Spirit Week for Family Chores

During this time of distance learning, it's important to establish new routines for your children. Teaching kids life skills is just as important as what they are learning in the classroom. Dr. Emily King and her family created this schedule to help their family. We hope it helps you too!

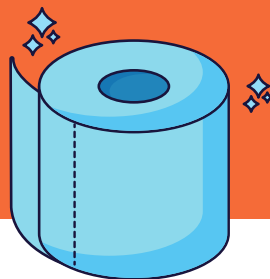


## MAKE YOUR BED MONDAY:

Practice how to make your bed, or how to make it better

## TOILET PAPER TUESDAY:

Refill or replace empty toilet paper rolls



## WASH YOUR CLOTHES WEDNESDAY:

Get your clothes together and learn how to do laundry



## TAKE OUT THE TRASH THURSDAY:

Empty out all the trash cans around the house



## WATER THE FLOWERS FRIDAY:

Take care of indoor/ outdoor plants

